

# 90+ Autism Resource Hub for Families and Caregivers

Welcome to our dedicated resource hub for families of children with Autism. We understand the unique challenges you face and are committed to providing you with the support, information, and tools you need to navigate this journey. Our goal is to empower you to create a brighter future for your child.

## General Resources:

- **Autism Speaks:** This leading autism advocacy organization provides a wealth of information on various aspects of autism, including educational resources, family support, and research updates. Visit their website at <https://www.autismspeaks.org/>.
- **Brainwave Watch:** This smartwatch specifically designed for children with special needs offers valuable features like two-way communication, GPS tracking, and automated alerts for caregivers, providing peace of mind and promoting independence. Learn more at <https://brainwave.watch/>.
- **The National Autistic Society (NAS):** This UK-based organization offers comprehensive resources on autism, including educational materials, training programs, and support services. Explore their website at <https://www.autism.org.uk/>.
- **Autism Parenting Guide:** This website features insightful articles, tips, and tools for parents and caregivers of individuals with autism. Check it out at <https://www.autismspeaks.org/sites/default/files/2018-08/Parents%20Guide%20to%20Autism.pdf>.
- **Understood.org:** This website provides clear and concise information on disabilities, including autism, with resources for parents, educators, and individuals themselves. Visit their website at <https://www.understood.org/>.

## Educational Resources For Autism

- **Brainwave Watch (Educational Resources):** This website offers valuable information on autism, including articles, blog posts, and resources for families and educators. Learn more at <https://brainwave.watch/blog>
- **The Kennedy Center:** This renowned arts education center offers online and in-person resources for educators and families to support the learning of individuals with autism. Explore their offerings at <http://www.kc-autism.org/>.
- **The Autistic Self Advocacy Network (ASAN):** This organization run by and for autistic individuals provides resources on navigating education systems and advocating for one's own needs. Visit their website at <https://autisticadvocacy.org/about-asan/>.
- **CAST:** This non-profit organization advocates for Universal Design for Learning (UDL), which benefits all students, including those with autism. Explore their resources at <https://udlguidelines.cast.org/>.

- **Sesame Street and Autism:** This initiative from the beloved children's program provides resources and tips for families of children with autism, including educational tools and social-emotional learning materials. Visit their website at <https://sesameworkshop.org/topics/autism/>.

## Support Organizations For Autism

### National Organizations:

- **Autism Speaks:** A leading advocate for autism research, awareness, and family support. <https://www.autismspeaks.org/>
- **Autism Society of America:** Provides resources and support for individuals, families, and professionals. <https://autismsociety.org/>
- **The Arc:** Works for the rights and inclusion of people with intellectual and developmental disabilities, including autism. <https://thearc.org/>
- **National Autistic Self Advocacy Network (ASAN):** A network run by and for autistic adults, advocating for their rights and inclusion. <https://autisticadvocacy.org/>

### International Organizations

- **Autism Europe:** A federation of over 80 autism organizations across Europe. <https://www.autismeurope.org/>
- **Autistic International:** A global network of autism organizations advocating for the rights and inclusion of autistic people. <https://autisminternationalfoundation.org/>
- **Autism New Zealand:** Provides information, support, and advocacy for individuals and families in New Zealand. <https://autismnz.org.nz/>

### Specific Support:

- **Autism Speaks Autism Response Team:** Offers crisis support and resources for families facing urgent needs. <https://www.autismspeaks.org/autism-response-team-art>
- **Autistic Women & Non-Binary Network (AWN):** Supports and advocates for autistic women and non-binary individuals. <https://awnnetwork.org/>
- **National Black Autism Network:** Empowers and supports Black autistic individuals and families. <https://blackautismnetwork.net/>

## Government Agencies For Autism

Government agencies and organizations related to autism may vary by country. Here are some examples from different countries:

## United States:

1. **Centers for Disease Control and Prevention (CDC):** The CDC provides comprehensive information on autism spectrum disorder (ASD), including data, research, and resources for families and healthcare professionals.
2. **National Institute of Child Health and Human Development (NICHD):** NICHD conducts research on various aspects of child health, including autism, with the goal of understanding and addressing developmental disorders.
3. [Autism Speaks](#): Autism Speaks is a prominent autism advocacy organization in the U.S., working to promote solutions for individuals with autism and their families through advocacy, research, and support.

## United Kingdom:

1. [National Autistic Society \(NAS\)](#): The NAS is a leading UK charity dedicated to improving the lives of autistic people. They provide support, information, and campaigns for greater awareness and acceptance.
2. [National Institute for Health and Care Excellence \(NICE\)](#): NICE provides guidelines for healthcare professionals, including those related to autism, to ensure the best possible care and support.

## Canada:

1. **Canadian Institutes of Health Research (CIHR):** CIHR supports research on autism and related disorders, aiming to enhance understanding and improve outcomes for individuals with autism.
2. [Autism Canada](#): Autism Canada is a non-profit organization that provides resources, support, and advocacy to enhance the quality of life for those affected by autism.

## Australia:

1. [Department of Social Services \(DSS\)](#): DSS manages government initiatives and programs related to disability, including autism, to promote inclusion and support for individuals with diverse needs.
2. [Autism Awareness Australia](#): This non-profit organization focuses on raising awareness about autism and provides support to individuals and families affected by autism.

## India:

1. [National Trust for the Welfare of Persons with Autism, Cerebral Palsy, Mental Retardation, and Multiple Disabilities](#): An autonomous body under the Ministry of Social Justice and Empowerment, the National Trust aims to empower individuals with autism and other disabilities through various welfare measures.

## European Union:

1. [European Agency for Special Needs and Inclusive Education \(EASNIE\)](#): EASNIE works towards promoting inclusive education, including for individuals with autism, by providing expertise and support to European countries.

## Therapy and Intervention:

1. **Applied Behavior Analysis (ABA)**: [Behavior Analyst Certification Board \(BACB\)](#): BACB provides information about ABA therapy and resources to find certified behavior analysts.
2. **Occupational Therapy (OT)**: [American Occupational Therapy Association \(AOTA\)](#): AOTA offers resources on occupational therapy and helps locate registered occupational therapists.
3. **Speech-Language Therapy**: [American Speech-Language-Hearing Association \(ASHA\)](#): ASHA provides information on speech and language therapy and helps find certified speech-language pathologists.
4. **Social Skills Training**: [Social Thinking](#): Social Thinking offers resources and programs for improving social skills and social understanding.
5. **Floortime (DIR/Floortime)**: [Interdisciplinary Council on Developmental and Learning Disorders \(ICDL\)](#): ICDL provides information about the Developmental, Individual Differences, Relationship-Based (DIR) model, commonly known as Floortime.
6. **Sensory Integration Therapy**: [Sensory Integration Global Network](#): This organization provides information on sensory integration therapy and helps locate certified therapists.
7. **TEACCH (Treatment and Education of Autistic and Related Communication Handicapped Children)**: [TEACCH Autism Program](#): TEACCH offers resources and information on structured teaching and intervention approaches.
8. **Visual Supports and Communication**: Autism Speaks – Visual Supports: Autism Speaks provides visual support and communication resources for individuals with autism.
9. **ABA-based Early Intensive Behavioral Intervention (EIBI)**: [National Autism Center – Evidence-Based Practices](#): The National Autism Center provides resources on evidence-based practices, including ABA-based interventions.
10. **PECS (Picture Exchange Communication System)**: [Pyramid Educational Consultants](#): Pyramid Educational Consultants offer training and resources for implementing the PECS communication system.
11. **DIR/Floortime**: [Profectum Foundation](#): Profectum Foundation provides resources and training on the DIR/Floortime model.
12. **ABA-based Verbal Behavior (VB)**: [Association for Science in Autism Treatment \(ASAT\)](#): ASAT provides resources and information on evidence-based treatments, including ABA-based Verbal Behavior.

## Parent and Caregiver Support:

- [Brainwave Watch](#): This website offers valuable information on autism, including articles, blog posts, and resources for families and educators.
- **Autism Speaks – Family Services**: Autism Speaks Family Services: Autism Speaks provides a range of resources, toolkits, and support services for families, including information on early intervention, therapies, and transitioning to adulthood.
- **National Autism Association (NAA)**: [National Autism Association](#): NAA offers resources, support groups, safety information, and advocacy tools for families affected by autism.
- **Autism Society**: [Autism Society](#): The Autism Society provides support and resources for individuals with autism and their families. They offer information on local chapters, support groups, and advocacy initiatives.
- **Family Support Services (FSS) Centers**: Search for local Family Support Services centers or programs in your area, as they often offer assistance, support, and respite care for families with special needs children.
- **Parent Training and Information Centers (PTIs)**: Parent Centers: Locate your nearest Parent Training and Information Center, which provides support, training, and information for parents of children with disabilities, including autism.
- **Autism Parenting Magazine**: [Autism Parenting Magazine](#): A resource offering articles, expert advice, and personal stories related to parenting children with autism.
- **MyAutismTeam**: [MyAutismTeam](#): An online social network where parents and caregivers of individuals with autism can connect, share experiences, and provide support to one another.
- **Interactive Autism Network (IAN) Community**: [IAN Community](#): IAN provides a community platform where parents and caregivers can share experiences, access research updates, and connect with other families.
- **Mental Health America – Parenting Children with Mental Health Conditions**: Mental Health America: Resources and information on parenting children with mental health conditions, including autism.
- **Local Autism Support Groups**: Search for local autism support groups in your area through community centers, hospitals, or online platforms. These groups offer a valuable opportunity for parents to connect, share experiences, and access local resources.
- **Online Forums and Communities**: Explore online forums such as Reddit – r/autism and [Wrong Planet](#), where parents and caregivers can engage with others facing similar challenges.

## Online Communities and Forums:

- **Reddit – r/autism**: A subreddit dedicated to discussions about autism. Members share personal experiences, ask questions, and offer support to each other.
- [Wrong Planet](#): A popular online community and forum for individuals with autism and their families. It covers a wide range of topics, including personal experiences, advice, and advocacy.

- [Autism Forums](#): A community forum where individuals with autism, parents, caregivers, and professionals can share information, ask questions, and connect with others.
- [Autism Support Network](#): An online community that provides forums for parents, caregivers, and individuals with autism to share experiences, ask questions, and find support.
- **The Mighty – Autism Community**: The Mighty hosts an autism community where individuals share their stories, insights, and advice. It also offers a platform for connecting with others who have similar experiences.
- **Asperger’s / Autism Forum on PsychForums**: A forum specifically dedicated to discussions about Asperger’s syndrome and autism spectrum disorders. Members share their experiences and offer support.
- **Autism Spectrum Disorder – PsychCentral Forums**: PsychCentral Forums hosts a section dedicated to discussions about autism spectrum disorders. Members discuss various aspects, share resources, and offer support.
- **Autism Community – HealthBoards**: HealthBoards features an autism community where members share their experiences, ask questions, and provide support and advice.
- **Autism Forums on AbleHere**: AbleHere offers forums specifically focused on autism where members can connect, share experiences, and discuss various topics related to autism.
- **Autism Discussion Page on Facebook**: A Facebook page where parents, caregivers, and individuals with autism can join discussions, share resources, and connect with a supportive community.

## Books and Publications:

1. The Reason I Jump by Naoki Higashida
2. NeuroTribes: The Legacy of Autism and the Future of Neurodiversity by Steve Silberman
3. Thinking in Pictures by Temple Grandin
4. The Out-of-Sync Child by Carol Kranowitz
5. Uniquely Human: A Different Way of Seeing Autism by Barry M. Prizant
6. Ten Things Every Child with Autism Wishes You Knew by Ellen Notbohm
7. An Early Start for Your Child with Autism by Sally J. Rogers, Geraldine Dawson, and Laurie A. Vismara
8. The Complete Guide to Asperger’s Syndrome by Tony Attwood
9. Autism Breakthrough: The Groundbreaking Method That Has Helped Families All Over the World by Raun K. Kaufman
10. The Autistic Brain: Thinking Across the Spectrum by Temple Grandin and Richard Panek
11. Look Me in the Eye: My Life with Asperger’s by John Elder Robison
12. Autism Adulthood: Strategies and Insights for a Fulfilling Life by Susan Senator